

## **Group Fitness Instructors – (Yoga, Zumba, Aquafit, CycleFit, Boot Camp & HIIT)**

**Location:** Laurier Brantford YMCA, 100 Water Street Brantford, ON N3T 0P1

**Position Type:** Part Time

**Hourly Wage:** \$26.14 per hour

### **Position Description:**

The Group Fitness Instructor – (Yoga, Zumba, Aquafit, CycleFit, Boot Camp & HIIT) will be responsible for the coordination and direct delivery of all group fitness classes.

This position is part-time position with a flexible schedule based on programming needs. This may include mornings, afternoons, evenings, weekends with an emphasis on Group Fitness, program reviews and the provision of excellent customer service.

### **In this position, you will:**

- Direct delivery of Yoga, Zumba, Aquafit, CycleFit, Boot Camp & HIIT) fitness classes, modeling service excellence in assigned program areas;
- Interaction with members developing positive relationships and addressing concerns or questions;
- Maintain relevant certifications;
- Required to work a variety of shifts which may include weekends, evenings, holidays and early mornings;
- Attend scheduled training events at outlined training wage.

### **You Bring:**

- Current Standard First Aid and CPR-C certification
- Up to date and relevant Group Fitness Certifications such as YMCA Group Fitness “Yoga, Zumba, AquaFit” or equivalent
- Previous experience in teaching group fitness classes, i.e CardioFit, Boot Camp, High Intensity Interval Training.
- Post secondary education in physical education or related field
- Excellent customer service skills
- Must provide a current Criminal Record and Judicial Matters Check (issued within the past 6 months) is a condition of employment as per the Association’s policy

**Interested in applying?**

Please send your resume to: Emma Houghton, Health, Wellness & recreational Sports Supervisor  
at: [emma.houghton@ymcahbb.ca](mailto:emma.houghton@ymcahbb.ca)

To view and apply for positions as a current employee, please log into your UKG account  
and click "My Company", then "View Opportunities" in the sidebar menu.

The YMCA of Hamilton | Burlington | Brantford is committed to creating an inclusive, diverse, equitable and accessible environment. All qualified applicants will receive consideration for employment without regard to race, colour, religion, gender, gender identity or expression, sexual orientation, national origin, genetics, disability, age, or neurodiversity.

We understand the social barriers preventing individuals from applying for open roles. We encourage those from the Indigenous, 2SLGBTQIA+, BIPOC, and Disabled communities to apply.

If you need any accommodation throughout the recruitment process, please do not hesitate to contact our People, Leadership and Culture Department [plc@ymcahbb.ca](mailto:plc@ymcahbb.ca)