



**Labour Day
Holiday Schedule
September 3 2024**

Gym Schedule

**Open Gym
8:00am - 3:45pm**

Group Fitness

No Classes

Pool Schedule

**Lane Swim
8:00 - 11:45**

**Open Swim / 1 Lane
11:00am - 2:00pm**

**Lane Swim
2:00pm - 3:30pm**