


POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM	Closed	Closed	Closed	Closed	Closed	Closed	Closed
6:30 AM							
7:00 AM							
7:30 AM	Lane Swim 7:30-9:45	Lane Swim 7:30-8:15	Lane Swim 7:30-9:45	Lane Swim 7:30-1:00	Lane Swim 7:30-1:00	Lane Swim 8:00-9:00	Lane Swim 8:00-12:00
8:00 AM							
8:30 AM		Hydrotherapy (1 lane) 8:30-9:15					
9:00 AM							
9:30 AM	Aquafit 10:00-10:45	Lane Swim 9:30-1:00	Aquafit 10:00-10:45	Lane Swim 7:30-1:00	Lane Swim 7:30-1:00	Swim Lessons (Reg) 9:00-11:00	Lane Swim 8:00-12:00
10:00 AM							
10:30 AM	Lane Swim 11:00-1:00	Lane Swim 9:30-1:00	Lane Swim 11:00-1:00	Lane Swim 7:30-1:00	Lane Swim 7:30-1:00	Teen & Adult Lessons (Reg) 11:00-12:00	Lane Swim 8:00-12:00
11:00 AM							
11:30 AM							
12 Noon	Open Swim (1 lane) 1:05-3:40	Open Swim (1 lane) 1:05-3:40	Open Swim (1 lane) 1:05-3:40	Open Swim (1 lane) 1:05-3:40	Open Swim (1 lane) 1:05-3:40	Open Swim (1 lane) 12:15-2:00	Open Swim (1 lane) 12:15-3:30
12:30 PM							
1:00 PM							
1:30 PM	Lane Swim 3:45-6:25	Lane Swim 3:45-5:55	Lane Swim 3:45-6:25	Lane Swim 3:45-5:55	Lane Swim 3:45-5:55	Lane Swim 2:00-5:00	Closed
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM	Open Swim (1 lane) 6:30-7:55	Open Swim (1 lane) 6:00-7:55	Open Swim (1 lane) 6:30-7:55	Open Swim (1 lane) 6:00-7:55	Open Swim (1 lane) 6:00-7:55	Closed	Closed
4:00 PM							
4:30 PM							
5:00 PM	Lane Swim 8:00-9:00	Lane Swim 8:00-9:00	Lane Swim 8:00-9:00	Lane Swim 8:00-9:00	Lane Swim 8:00-9:00	Closed	Closed
5:30 PM							
6:00 PM	Closed	Closed	Closed	Closed	Closed	Closed	Closed
6:30 PM							
7:00 PM	Closed	Closed	Closed	Closed	Closed	Closed	Closed
7:30 PM							
8:00 PM	Closed	Closed	Closed	Closed	Closed	Closed	Closed
8:30 PM							
9:00 PM	Closed	Closed	Closed	Closed	Closed	Closed	Closed



Effective: August 12, 2024

 Group Fitness <i>13+ years of age</i>	 Community Rental <i>see Membership Desk for details</i>
 Adult Drop-in Swims <i>13+ years of age</i>	† Community Rental - provides own lifeguard
 All-ages Drop-in Swims <i>Aquatics Admissions Criteria apply</i>	 Registered Instructional Program <i>see Membership Desk for details</i>