



**The Hamilton Downtown YMCA will be hosting the
National Lifeguard certification course
in the pool area on the following dates and times**

Date	Time	Pool Space Available
Monday July 22	11:00am-12:00pm	1/2 pool open – Lane Swim
	2:00pm to 5:00pm	1/2 pool open – Lane Swim
Tuesday July 23	10:00am-12:00pm	1/2 pool open – Lane Swim
	2:00pm-5:30pm	1/2 pool open – Lane Swim
Wednesday July 24	11:00am-12:00pm	1/2 pool open – Lane Swim
	2:00pm to 5:00pm	1/2 pool open – Lane Swim
Thursday July 25	10:00am-12:00pm	1/2 pool open – Lane Swim
	2:00pm-5:00pm	1/2 pool open – Lane Swim
Friday July 26	10:00am-12:00pm	1/2 pool open – Lane Swim
	1:30pm-5:30pm	POOL CLOSED

**Please be advised that during these times,
the class may use whistles and simulate rescues.**

We apologize for any inconvenience this may cause.

Thank you for supporting continued development in your YMCA community