The way we think of the YMCA is changing. It’s inevitable, because just like our young people, we’re growing.

To grow and thrive we must alter how we manage current and emerging societal challenges; we must find solutions that best meet the needs of our communities; and most importantly we must deliver a rewarding long term experience for our members and participants - they are our best measures of success.

So how do we do this? Through a commitment to quality, holistic health and collaboration. These themes are central to our 5 Year Strategic Plan and in our first year of implementation, we made great strides.

Our most significant successes this year came from collaboration with our partners such as Wilfrid Laurier University and Six Nations and the important investments we are making together with three levels of government towards a new athletics and recreation complex in Brantford.

In Hamilton, this type of collaboration among organizations has strengthened Newcomer Services and helped to open a new YMCA Immigrant Settlement Services Centre in Stoney Creek.

During this period of growth and change, our programs are evolving. In School Aged Child Care, the rollout of Full Day Learning has meant that opportunities for early learning have increased dramatically and so has our work with the school boards as more and more children start school at an earlier age. Although it brings some destabilization to Preschool Child Care, it does not alter who we serve but rather how and where we serve them - just one of the ways we must adapt as an organization.

Our child care staff must be commended for their ongoing commitment to providing quality care to all children during these transitional years.

We must also thank our Board of Directors. We have always been strategic in the expertise we require from our policy volunteers and in turn we have a very strong Board of Directors each committed to developing a YMCA that best benefits the entire region. We feel confident that as we move forward through the coming year that we are well positioned to respond to change as we ourselves continue to evolve.

As you grow... is not just about how the YMCA has grown but how we help young people grow through their involvement. We help them make choices; we influence positive decisions; we promote health and responsibility, all of which give kids the tools to grow up to be confident and competent.

Thanks for the role you play to help others grow at the YMCA.

Sincerely,

Mary Williams
Chair, Board of Directors

Jim Commerford
President & CEO
As you grow... is not just about how the YMCA has grown but how we help young people grow through their involvement. We help them make choices; we influence decisions; we promote health and responsibility, all of which give kids the tools to grow up to be confident and competent.
2012 at a Glance

The YMCA is a nationally recognized charity that has been serving Hamilton, Burlington and Brantford for 157 years.

- 120 YMCA locations throughout Hamilton, Burlington and Brantford
- 144,346 members and participants
- 16,781 individuals received financial assistance from the YMCA
- $3,830,115 million was awarded in financial assistance
- 1,128 volunteers
- 4,216 donors
- 1,725 full time, part time and seasonal staff
- 2 international partnerships
equalit
reading for pleasure
youth programs
respect
sense of purpose
restraint
creative activities
personal power
safety
self-esteem
healthy lifestyle
positive identity
2012 at a Glance

- Community
- Caring
- Communication
- Encouragement
- Feeling safe
- Positive
- Self-expression
- Relationships
- Adult
- Restraint
- Literacy
- Responsibility
- Inclusion
- Support
Three levels of government invest in new Laurier Brantford YMCA

In September, the federal government announced a $16.7 million investment towards the design and construction of the new Laurier Brantford YMCA under the Major Infrastructure Component of the Building Canada Fund. The Province of Ontario announced last year that it is investing $16.7 million in the project while the City of Brantford is contributing $5.2 million. The new recreation and athletics complex will replace the respective YMCA and Wilfrid Laurier University centres in order to maximize the health and wellness benefits of Brantford, Brant and Six Nations.

Brenda Flaherty honoured with Queen’s Diamond Jubilee

The YMCA honoured former Chair of the Board of Directors, Brenda Flaherty, by awarding her the Queen Elizabeth II Diamond Jubilee Medal in December. Brenda has been instrumental in the creation of LiveWell, a partnership between the YMCA, Hamilton Health Sciences and McMaster University, that provides chronically-ill patients with guided fitness, education, and counselling by qualified medical and health professionals within a YMCA. Brenda has been influential in helping to shape a new strategic direction to improve community health.

Transforming a challenging experience into something positive

“We not only have the power to create change but we also have a responsibility to the state of the world,” Amanda Lindhout, Humanitarian, Activist and Author, told 400 guests at the YMCA Peace Medal Breakfast in November. The Keynote Speaker shared her personal story as a freelance journalist taken hostage in Somalia. She endured unimaginable hardships for 460 days in captivity until her release in 2009. Amanda’s message was one of hope, forgiveness and compassionate action. Today she is the founder of the Global Enrichment Foundation, providing education and aid in the war-torn country of Somalia.

Five YMCA Peace Medals awarded to local peacemakers

At the 25th Annual YMCA Peace Medal Breakfast in November, five YMCA Peace Medals were awarded to local peacemakers who have demonstrated a commitment to building peace within their community or elsewhere in the world. Their work demonstrates how working together can make our communities healthier, safer, more equitable and sustainable. Recipients are: Mannat Malik, Alexandra MacLean (pictured), Heather Wild (pictured), Friday Night Community Dinner Group, and the Saltfleet District High School Health Action Team.
YMCA youth visit Zambia YMCA
In May, YMCA staff Vanessa Werstine and Edgar Hernandez participated in a youth exchange to a YMCA International partner in Zambia. They met clients accessing a number of YMCA services including The Street Child Project for orphaned children, home-based care for HIV/AIDS patients, post-secondary studies and peer leadership programs. They also trained their Zambian peers about ways to best serve a diverse community. Vanessa and Ed were joined by youth delegates from the YMCA of Cambridge and Kitchener-Waterloo.

YMCA World Hoops Challenge
On October 13th, the YMCA joined 85 countries in the YMCA World Hoops Challenge. Through more than 1,000 local events on all continents, more than 432,000 people took part in shooting hoops and basketball activities for all ages in an expression of empowerment for young people. In Hamilton, the McMaster Marauders spent the morning teaching YMCA children skills and drills while helping YMCAs reach the international goal of making it into the Guinness Book of World Records.

YMCA Healthy Kids Day encourages opportunities for healthy active play
Active play is becoming extinct among Canadian children and youth. The YMCA recognizes that when the whole family makes play a priority, children and youth might not even notice how active play adds up to physical activity and healthy behaviours. On June 3rd, YMCAs across the country showed a united response by hosting YMCA Healthy Kids Day. In Hamilton, Burlington and Brantford this free community event welcomed 672 children, youth and families for fun, informative and engaging activities focused on healthy living.

Volunteers are essential to the YMCA
The YMCA relies on the time and dedication of volunteers to deliver a valuable experience to members and participants. In October, we celebrated the contributions of the YMCA’s 1,128 volunteers at a Fall Fun Fair in each community to say a special thank you for giving the best gift of all - themselves. From advisory and policy committees, to fitness classes and fundraising roles, YMCA volunteers are essential to building a healthy community.
healthy lifestyle
self-esteem
safety
personal power
creative activities

2012 at a Glance
Ron Edwards was part of the YMCA in Burlington from its early beginnings, when it was a small office on Brant Street running programs out of churches and schools. In 1970, when the Burlington Family YMCA was built at 500 Drury Lane, Ron was its first Executive Director. Ron had been involved in the original capital campaign to construct the Drury Lane facility, as well as subsequent campaigns focusing on expansions to that building. He was also a long time supporter of the YMCA Strong Kids Campaign.

In 2004, after a major expansion of the Burlington facility, the Board of Directors chose to rename the improved facility the Ron Edwards Family YMCA, to honour his long time commitment to the organization.

Anyone who saw Ron driving around town knew instantly that he was an avid YMCA supporter because his personalized license plates read `MR. Y.' Ron epitomized the YMCA's core values of Caring, Honesty, Respect and Responsibility. He shared the YMCA’s vision of building healthy communities and placed great value on the YMCA as a gathering place that welcomed everyone, regardless of financial circumstances. We are honoured to have his name on our Burlington building as a symbol of everything the YMCA stands for.

The YMCA has a very deep appreciation for everything Ron has done over the years, and we are grateful that he chose to share his time and talents with our organization.

In Memoriam

RON EDWARDS
(October, 25, 1927 – April 2, 2013)

The YMCA has been a wonderful part of my life that I have enjoyed very much... It’s a people organization and I like to be with people.

~ Ron Edwards, 2003
More inactivity or more play

Playing to Learn at YMCA Preschool Child Care

There is an important connection between experience and environment on early development. When children are involved in experiences, physiological changes take place in the brain. Research shows us that the quality of early experiences influences how the brain will function in later life. These changes happen quickly and have a lasting effect. While negative experiences can have life-long consequences or effects, positive experiences can set the stage for a child to be more receptive to learning, build self-esteem and healthy emotional responses and outcomes.

In YMCA Preschool Child Care Centres, positive play is central to how we interact and care for children. YMCA early childhood educators are trained in YMCA Playing to Learn, our national curriculum that helps children discover and learn through creative play and aligns with primary school benchmarks. As child care professionals we believe this is the best way for children to build enthusiasm and the capacity for life-long learning.

To encourage these skills, educators organize skill-building, age-appropriate activities that give all children opportunities to explore, create and build on their natural curiosity. These experiences allow educators to observe the children to gain insight into their skill development. These observations are key to supporting YMCA Healthy Child Development. See how one YMCA educator observed skills below.

Out in our child care yard, the sun peeks through the trees and the buildings during various times of the day. At these times, shadows appear on the playground. During this particular time they noticed the shadow from the fence that divides the two playgrounds. Shaylyn and then Olivia started walking and balancing down the shadow caused by the top of the fence. They even almost ‘fell off’ the line but righted themselves before they ‘fell’.

Shadows teach the children about sun and movement, and cause and effect. Shaylyn and Olivia learned that when the sun is in the sky at a certain point, it hits the fence and creates a shadow.
Michael and Jane Schwenger believe in giving back to the community. They were first introduced to YMCA Beyond the Bell* by Michael’s sister and former principal, Leah Schwenger, at the first annual YMCA Auction in support of the program. Twelve years later, they remain major donors.

YMCA Beyond the Bell is a year-round program for school children that helps to close the academic achievement gap between children from low-income and middle-income backgrounds. By focusing on literacy, numeracy, health, creativity and social skills, children are given opportunities outside of school to receive the help they need to feel confident and ready to learn during school.

Many of these children are either new to Canada or from families that may be struggling. It doesn’t mean they don’t have a good family life,” says Michael, “but they don’t always have the same opportunities that other children have. We want to help level the playing field.

This fully donor-supported program receives significant funding through the annual YMCA Auction, a Committee of which Jane has long been a member and an event they have both generously supported for over a decade. “To help children become well-rounded citizens, we need to spend the time and money now rather than put them at risk in the future,” says Jane of her involvement.

The Schwengers want to see Beyond the Bell continue to grow. They recognize the distinct need in area neighbourhoods and hope to see the program in more schools and more donor support. The Schwenger’s own children have followed their philanthropic lead. Michael Jr. has chaired the annual YMCA Auction while their daughter Nicole developed a promotional video several years ago.

But it is the school children who are the real winners. They receive an enriching opportunity to build their self-esteem and improve their academic performance. The children once thanked the Schwengers with a photo collage that all of the children signed and now hangs on their wall at home. “It gives me a really good feeling inside when I look at it,” says Jane. “We want to see all children thrive.”

*Formerly ‘Virtual YMCA’
We know that early academic achievement is an indicator of future academic success. Studies show that if a child cannot read at their grade level by the time they reach grade three, there is a greater chance they will not graduate high school. Over three quarters of children who come from low-income backgrounds do not meet this crucial milestone.

Children from low-income backgrounds are faced with an academic disadvantage compared to their middle-class counterparts before even starting school. When children enter school the academic disparity continues to grow as children from middle income backgrounds access after school and summer opportunities like, music lessons, tutoring and recreational activities. This is known as the achievement gap.

Ultimately these issues can impact a child’s future academic and career opportunities as well as their overall health.

YMCA Beyond the Bell is an academic-based program that takes a holistic approach to the wellbeing of every child. We provide a safe and supportive learning environment for children after school and in the summer. Our goal is to provide children with academic support and exposure to a wide variety of activities that build social skills. In this program we see results!

After one year of attending Beyond the Bell, the majority of children show an improvement in reading by at least one grade level. And the overwhelming majority of parents report that their children understood their school lessons better and their children’s confidence improved.

The YMCA wants to make sure that no child falls in the gap.

Watch our video at ymcbeyondthebell.ca.
More health concerns or more health promotion

Setting the standard for community health

The YMCA of Hamilton/Burlington/Brantford has quickly become a leader among the Canadian Federation in the development of preventative and community-based health initiatives.

In partnership with Hamilton Health Sciences and McMaster University, LiveWell provides chronically-ill patients with guided fitness, education, and counselling by qualified medical and health professionals within a YMCA centre. Throughout its five year growth, LiveWell has garnered the attention of other cities throughout Canada and the US for its innovative delivery model of community-based health care. More than 500 individuals take part in LiveWell programs annually.

Whether living with cancer, arthritis, diabetes, cognitive or physical disabilities, spinal cord injury or managing post stroke or through cardiac rehabilitation, LiveWell programs focus on promoting and sustaining the patient’s health so they can transition to independent care while also providing social and emotional support. With this in mind, patients are physically stronger and better equipped to manage their illness or condition for the long-term.
More fear or more independence
Setting newcomers on the path to belonging

Almost one in five Canadians ages 18 – 34 is foreign born and one in six is a member of a visible minority. In Hamilton and Brantford, these rates are slightly higher.

Immigrant Settlement Services is an area of particular growth and collaboration not only in the communities we serve but for the YMCA as a service provider. By working with other organizations, the YMCA is delivering a new and integrated approach to newcomer services – one that is a comprehensive first point of entry into the community.

We know the necessity of this model. Immigrants rate their quality of life lower than native-born Canadians. Although that perception increases each year the initial challenges for newcomers are enormous. Factors such as employment, income, environment, health, leisure, culture and housing, all influence quality of life and ultimately a sense of belonging.

The YMCA focuses not only on the practical skills to assist in transition such as language assessments, assistance navigating health and immigration forms, education services and job referral, but also assists in developing other critical factors that lead to a successful transition. We aim to build strong relationships with newcomers; provide opportunities to feel involved, connected and useful; connect youth to each other through recreation and sport (a universal language across the world); and provide youth-friendly spaces where they can get support, feel at home and safe. These are just a few of the ways the YMCA is providing enriching opportunities to connect to the community.

These experiences are further enhanced by staff, many of whom are immigrants themselves, who are hired strategically to complement the needs of clients. Staff come from a variety of fields and speak multiple languages including, Arabic, Chinese and Spanish, the primary newcomer languages in our community. Further communications are translated to ensure equal understanding of services across cultures.

The YMCA is committed to ensuring that newcomers feel valued and connected while also giving them the tools for a successful and productive future in our community.
Who We Serve

Program Participation

<table>
<thead>
<tr>
<th>Organization</th>
<th>Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brantford Family YMCA</td>
<td>4,950</td>
</tr>
<tr>
<td>Community Outreach</td>
<td>835</td>
</tr>
<tr>
<td>Day Camping</td>
<td>2,168</td>
</tr>
<tr>
<td>Employment, Training &amp; Settlement Services</td>
<td>35,938</td>
</tr>
<tr>
<td>Flamborough Family YMCA</td>
<td>17,146</td>
</tr>
<tr>
<td>Hamilton Downtown Family YMCA</td>
<td>16,349</td>
</tr>
<tr>
<td>Hamilton Downtown Residence</td>
<td>157</td>
</tr>
<tr>
<td>International Development Education</td>
<td>11,672</td>
</tr>
<tr>
<td>Les Chater Family YMCA</td>
<td>21,184</td>
</tr>
<tr>
<td>Preschool Child Care</td>
<td>1,638</td>
</tr>
<tr>
<td>Ron Edwards Family YMCA</td>
<td>14,903</td>
</tr>
<tr>
<td>School Age Child Care</td>
<td>5,108</td>
</tr>
<tr>
<td>YMCA Wanakita</td>
<td>12,298</td>
</tr>
<tr>
<td><strong>Total Participants &amp; Members</strong></td>
<td><strong>144,346</strong></td>
</tr>
</tbody>
</table>

3 Year Participation

- 2012: 144,346
- 2011: 16,781
- 2010: 146,973

*Participants reflect the number of individuals who have participated in the program or service area indicated. Some individuals may be captured in multiple areas.*

Financial Assistance

As a charitable organization, the YMCA strives to serve all segments of the community, including those with limited financial means. Donors to the YMCA make this possible. In 2012, financial assistance was awarded to 16,781 people enabling them to participate in a variety of YMCA programs and services. The total value of providing these opportunities was $3,830,115 of which a significant portion was contributed through charitable support from donors, funders, United Way and other grants.

Volunteerism

The YMCA believes that people enrich their own lives when they enrich the lives of others. All YMCA endeavours involve a partnership of volunteers and staff. In 2012, a total of 1,128 volunteers gave their time and skills to the YMCA. Their support is critical to achieving our Charitable Mission.
### Statement of Financial Position
For the year ended December 31, 2012; with comparative figures for 2011

<table>
<thead>
<tr>
<th></th>
<th>2012</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>ASSETS</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Current assets</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cash and Short term investments</td>
<td>4,998,370</td>
<td>4,774,603</td>
</tr>
<tr>
<td>Accounts receivable</td>
<td>743,569</td>
<td>990,610</td>
</tr>
<tr>
<td>Inventories/other</td>
<td>486,028</td>
<td>457,387</td>
</tr>
<tr>
<td><strong>Total Current Assets</strong></td>
<td><strong>6,227,967</strong></td>
<td><strong>6,222,600</strong></td>
</tr>
<tr>
<td>Capital campaign pledges</td>
<td>738,899</td>
<td>332,552</td>
</tr>
<tr>
<td>Investments and restricted cash</td>
<td>12,852,494</td>
<td>4,184,367</td>
</tr>
<tr>
<td>Capital assets</td>
<td>38,346,635</td>
<td>38,566,994</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>58,165,995</strong></td>
<td><strong>49,306,513</strong></td>
</tr>
</tbody>
</table>

| **LIABILITIES**    |           |           |
| Current liabilities|           |           |
| Accounts payable and accrued liabilities | 2,716,366 | 2,405,402 |
| Bank Loans         | 1,546,146 | 2,342,467 |
| Deferred Revenue   | 1,493,444 | 1,454,303 |
| Net unexpended special program funds | 404,801   | 1,014,526 |
| **Total Current Liabilities** | **6,160,757** | **7,216,698** |
| Capital lease obligations | 92,033    | 285,337   |
| Deferred capital contributions | 33,362,109 | 24,698,619 |

| **NET ASSETS**     |           |           |
| Invested in capital assets | 15,008,716 | 15,541,911 |
| Invested in endowment  | 3,109,870 | 2,773,915 |
| Internally restricted  | 3,741,429 | 2,952,102 |
| Unrestricted          | (3,308,919) | (4,162,069) |
| **Total Net Assets** | **18,551,096** | **17,105,859** |

**Total: 58,165,995**

**Note:** In keeping with the charitable purpose of the YMCA, the Board of Directors has determined that the excess of revenue over expenses less the Endowment Fund portion from 2012 will be re-invested in the Capital Development Strategy of the Association.

In 2012, the YMCA Strong Kids Annual Giving Program raised $1,037,705. These funds were used to provide opportunities for youth to experience the YMCA through the various activities. Some of the funds for 2012 projects were raised in 2011 and some of the projects are scheduled for 2013 from the 2012 funds.

*The report includes selected financial information extracted from statements audited by BDO Canada LLP. Complete financial statements are available upon request.*
YMCA Staff & Volunteer Leadership

Board of Directors (2012-2013)

Mary Williams, Chair
Vice President, University Advancement
McMaster University
Cheryl Jensen, Vice Chair
Vice President, Academic Mohawk College of Applied Arts and Technology
Bruce Pearson, Past Chair
Retired (former President, Co-founder & Owner)
Pearson Dunn Insurance & Financial Services
David Adames
Senior Director, Business Development
Niagara Parks Commission
John Forbeck
Director of Education
Grand Erie District School Board
Phemon Ma
Financial Planner and Advisor
Cal Millar
President and COO
Channel Zero Inc.
Gary Beveridge
Partner, Tax
KPMG LLP
John Forbeck
Director of Education
Grand Erie District School Board
Phemon Ma
Financial Planner and Advisor

Sandra R. Stephenson
Partner
Evans Sweeney Bordin, LLP
Eric Vandewall
President and CEO
Joseph Brant Memorial Hospital
Jennifer Walker
Public Relations and Marketing Consultant

Dr. Mo Ali
Professor Emeritus
McMaster University
Tony Battaglia
President & CEO
Westpark Developments Inc.
Anne Bermingham
President
2WA Consulting Inc.
Kevin Brady
President
Brady Financial Group
Terry Cooke
President & CEO
Hamilton Community Foundation
Brent J. Foreman
Lawyer/Partner
Evans-Philp Barristers & Solicitors
Tricia Hellingman
President
Hellingman Communications Inc.
Keith Hoey
President
Burlington Chamber of Commerce
Bob Jones
Director of Strategic Relations
Armour Steel Supply Limited Ltd.
Murray Martin
President & CEO
Hamilton Health Sciences

Marvin Ryder
Lecturer of Marketing & Business Policy
McMaster University, DeGroote School of Business
Gerry Smallegange
President & CEO
Burlington Hydro Electric Inc.

Jim Commerford
President & CEO
Maurice Burlison
General Manager,
Facility Assets & Capital Development
Dawn Dellavalle
General Manager,
Hamilton Downtown Family YMCA
Nicki Glowacki
Vice President,
Community Operations
Lynn Golfi
General Manager,
School Age Child Care
John Gordon
Interim CFO
Andy Gruppe
General Manager,
YMCA Wanakita
Jen Haliwell
General Manager,
Flamborough Family YMCA
Genevieve Hladysz
Senior Regional Manager,
Health and Fitness
Jacki Kostuk
General Manager, Les Chater Family YMCA
Kyla Kumar
Vice President, Marketing & Communications
Marina Kuyanova
Controller
Lily Lumsdon
Senior Regional Manager,
Employment, Training & Settlement Services
Christina Martin
Senior Regional Manager,
School Age Child Care, Day Camp & Community Outreach
Tammy Morningstar
General Manager, Ron Edwards Family YMCA
St. John O’Neill
General Manager,
Information Systems

Bryan Webber
Vice President, Financial Development

* As of May 2013
YMCA Heritage Club

The YMCA Heritage Club consists of members, family and friends who have made a commitment to the organization through planned giving to the YMCA Endowment Fund. These gifts are kept in perpetuity and invested to generate income that is used to further the work of the YMCA.

Glenn Agro
Mo & Anita Ali
Patricia Almas
Jerry & Stella Andreatta
Anne Bermingham
Brenda Berryman
Kevin & Barb Brady
Brian & Trish Buffo
Steve & Rosalia Butz
B.J. & Bruce Chadwick
Alan & Marlies Clark
Hugh Clark & Carolyn Williamson
Jim & Donna Commerford
Ralph & Eileen Connor
Jeff & Christa Curran
Fred & Annie Dunn
Esther Edwards
Lyla Elstone
William Field
Brent & Sally Foreman
Mr. & Mrs. Ken Griffin
Jack Gross
Scott & Linda Haldane
Don & Donna Hambley
Paul & Helen Hanover
Brian & Ria Heagle
Rob Heming & Grace Kidd
Steve & Tammy Heming
Betty Hryhorchuk
Craig Hurst
Terrence Jones
Peter Kamula
Lawrence Kwitco
Dorothy Lawless
Norman & Blanche Levitt
Jessie MacDonald
David Magder
Ted & Barbara McMeekin
Bernice McNie
Mike & Karen Moulden
Patrick & Linda O’Grady
Wayne & Pam Perkins
Rita Preece
Bob & Sheila Ranalli
Ron Richardson
Al & Beverley Shelley
Vyrtle & Barbara Sisson
Cathie Skinner-Matteson
Roy Springstead
Ida Thomas
Jack & Lynne Walker
Dr. Walsh
Shirley Wasserman
Bryan & Peggy Webber
Al & Pam Will
Anonymous (5)

Our thanks...
For a complete list of our 2012 YMCA Strong Kids Campaign donors, please visit ymcahbb.ca

Please help us recognize YMCA Heritage Club Members who have passed away.

Robert Almas
Lloyd Berryman
Les & Muriel Chater
Ron Edwards
Bob Elstone
Joyce Field
Maurice Fletcher
Stephen Fletcher
Margaret Gross
Vic Hryhorchuk
Judy Kamula
Doug Lawless
Jack MacDonald
Jack McNie
Norman Preece
Wendy Richardson
Rena Scheffer
Gordon W. Skinner
Morris & Harriette Smurlick
Robert Vandusen
Carrol Wasserman
Mischa Weisz

The YMCA of Hamilton/Burlington/Brantford is grateful for its ongoing and longstanding partnership with the United Way of Burlington & Greater Hamilton and the Brant United Way. Funds from United Way support specific health programs for children, youth and adults that contribute to our shared commitment to building healthier communities in Hamilton, Burlington and Brantford.
Charitable Mission
The YMCA of Hamilton/Burlington/Brantford is a charitable organization helping people achieve personal growth in spirit, mind and body through participation and service to the community.

Vision
Creating healthy communities in which individuals and families have opportunities to reach their potential.

Our Cause
We are committed to strengthening the foundations of community: nurturing the potential of children, teens and adults; promoting healthy living; fostering social responsibility and delivering lasting personal and social change.

Core Values