







**Les Chater**  
**Group Fitness Schedule**

**Saturday, May 20<sup>th</sup>**

- All classes running as per schedule

**Sunday, May 21<sup>st</sup>**

- All classes running as per schedule

**Monday, May 22<sup>nd</sup>**

- 9:15-10:15am HIIFit  
Instructor: Dan
- 9:15-10:15am CycleFit  
Instructor: Sue
- 10:30-11:30am Yoga  
Instructor: Christy

**Victoria Day**  
**Long Weekend**  
**Operating Hours**

**Saturday, May 20<sup>th</sup>**  
7:00-8:00pm

**Sunday, May 21<sup>st</sup>**  
8:00-6:00pm

**Monday, May 22<sup>nd</sup>**  
8:00-5:00pm

A background photograph showing a group of diverse people smiling and looking towards the right. A woman with blonde hair is in the foreground, smiling warmly.

# Special Announcement

## ***Ron Edwards*** Group Fitness Schedule

### **Saturday, May 20<sup>th</sup>**

- All classes running as per schedule

### **Sunday, May 21<sup>st</sup>**

- All classes running as per schedule

### **Monday, May 22<sup>nd</sup>**

- NO CLASSES

## Victoria Day Long Weekend Operating Hours

**Saturday, May 20<sup>th</sup>**  
7:00-8:00pm

**Sunday, May 21<sup>st</sup>**  
8:00-6:00pm

**Monday, May 22<sup>nd</sup>**  
8:00-5:00pm