



Newcomer Professional Mentorship Program

Bringing Internationally trained newcomers (mentees) together with established professional community members (mentors), to help newcomers learn about their desired profession and develop a career path.

Who Can Be a Mentee?

Internationally trained newcomers who are Permanent Residents of Canada or Convention Refugees, with a Canadian Level Benchmark (CLB) of 6+

Benefits of Being a Mentee:

- Individualized needs assessment focused on career and professional development
- Matched with an established professional
- Make professional network connections
- Identify ways to leverage and market past experience and skills
- Learn about Canadian Workplace Culture

Who Can Be a Mentor?

Professionals who are established in their career, have local professional/community networks, and are willing to share time and professional insights.

Benefits of Being a Mentor:

- Enhance leadership and coaching skills
- Develop better cross-cultural awareness, communication and sensitivity
- Exchange of knowledge/best practices with international professionals
- Fulfillment from helping a newcomer settle more effectively in their community

Commitment:

Must commit to 3-6 meetings over a 3-month period. Meetings can be in person, online or by phone.

Information, resources and support are provided throughout the term of the mentorship by the YMCA Mentorship Facilitator.

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